

AYSO REGION 678

MONDAY NIGHT FALL 2014

TECHNICAL DEVELOPMENT & GOALKEEPER CLINICS



8 WEEK PROGRAM



Mondays Aug 11 – Sept 29

8 WEEK CURRICULUM:

- Ball Familiarity
- Changing Direction
- Freestyle
- Changing Speed
- Addressing the aerial ball
- Controlling surfaces
- Attacking Moves Introduction
- Attacking Moves Advanced



AYSO Region 678 is delighted to welcome all U7 - U14+ players to our Technical Development Clinics in Fall 2014.

All sessions will be conducted by the professional coaches of Challenger Sports. The sessions encourage confidence, creativity and the ability to maintain possession as an individual and team.

LOCATION: Placerita Jnr High
COST: \$0 for all AYSO players

TECHNICAL DEVELOPMENT CLINICS

U7/8	4:30PM – 5:30PM
U10	5:30PM – 6:30PM
U12	6:30PM – 7:30PM
U14+	6:30PM – 7:30PM

GOALKEEPER CLINICS

U10	4:30PM – 5:30PM
U12	5:30PM – 6:30PM
U14+	6:30PM – 7:30PM